

YoungArts 2025 Application Requirements

Dance: Ballet

Please follow the requirements related to your discipline/category as closely as possible. Failure to comply with the requirements may make your application ineligible for an award.

Ballet

The presentation of technique and a prepared solo should display the full range of your technical and artistic abilities. All videos must be recorded within the last year.

- **A three (3)-minute ballet technique with music.** This should be a sampling demonstrating each of the technical elements listed (not full, extended combinations for each).

- ▶ Barre work: Could be done on one side only. Please include some exercises on demipointe:

- Tendue battement in fifth en croix
- Battement tendue jeté in fifth en croix
- Rond de jambe à terre
- Rond de jambe en l'air
- Frappé en croix
- Développé en croix
- Grand Battement encroix

- ▶ Center floor work: men and women

- Grand adagio to include *développés* in each position and promenades
- Pirouettes from fifth and fourth (en dedans and en dehors), to be included in a traveling combination
- Petit allegro to include batterie (changements, entrechats, glissade jetés and glissade assembles)
- Grand allegro to include tour jetés and grand jetés
- Men: to include a combination with double tours
- Women: to include a combination from corner with piqués and chaînés on pointe
- Women pointe work: to include a combination with pirouettes, échappés, passé relevés and relevés, (two feet to one foot and single leg relevés)

- **A two (2)-minute classical solo piece with a clear beginning and ending:**

- ▶ A prepared classical solo of your choice. Please clearly indicate the name of the piece, the ballet it is from and choreographer.

Note: If selected as a winner with distinction, you will be required to perform your submitted solo live for the panel during National YoungArts Week and, therefore, must have rights to the choreography for that piece.

Audition Apparel

- Dancers should choose garments that support the judge's ability to see how the body creates shapes and lines in space. We strongly encourage that you select fabric colors that create contrast to the background and remove excess layers of warmups, costuming, and jewelry that distract from the performed choreography. Artists may wear regalia appropriate to their cultural traditions and forms.

Guidelines for Recording Your Audition

- Record your audition in a clearly defined interior space with neutral lighting and background that is free of creases and breaks.
- Shoot straight on, leaving the camera in one position. Barre work should be shot at a side-view. The camera should be placed sufficiently close to the performer so that positioning and movement of all parts of the body and face are clear and visible.
- Record with the camera framing your entire body to capture movement in place as well as movement in and through space.
- Ensure recording captures good quality sound and image.

Media Submission Guidelines

- Save and name your files individually as "technique" and "solo."
- Upload each audition selection as a separate video file in the correct space provided.
- For each of the solos, please indicate the Title, Ballet that it is from, Choreographer, and Composer (if applicable), in the correct spaces provided in your application.
- Do not put your name or any identifying information in or on your media submission.
- Make sure that the video image is upright (not sideways or upside down) and plays smoothly.
- Please do not:
 - ▶ edit within the solo.
 - ▶ submit pre-recorded live performances, such as recitals, concerts, or competitions.

Note: If your work has been submitted to other competitions, you are responsible for getting permission to submit to YoungArts.